



Pizza Mummies

Ingredients:

- 6 English muffin halves (0.5 oz. per half)
- 6 Tbsp. pizza sauce
- 12 black olives
- 12 scallion slices or 12 red or green pepper bits
- 6 cheese sticks or slices.

Cook time: 10 Minutes

1. Heat the oven to 350 degrees. For each mummy, spread a Tbsp. of pizza sauce onto a half of an English muffin. You may toast the muffin first if you prefer.
2. Set olive slices in place for eyes; add round slices of green onions or bits of red or green pepper for pupils.
3. Lay strips of cheese (string cheese or sticks, pulled apart) across the muffin for mummy's wrappings.
4. Bake for about 10 minutes or until the cheese is melted and the muffin is toasty.

Yield: 6 servings (mummies)

Serving Size: Each serving provides a grains/breads at snack for children 3-5 years.