



### Serving Juice

The CACFP meal pattern allows 100% fruit or vegetable juice to be served one time per day.

A common misunderstanding is thinking this means *one time per child*—but it actually means *one time per provider, per day*.

Unfortunately, this mix-up can lead to meal deductions and loss of reimbursement.

Here's an example:

Some providers offer AM snack to one group of children and PM snack to a second group. If you serve juice at AM snack, you cannot serve juice again at PM snack, even if it's for a completely different group of children.



Juice may be served once per day, total. If it is served more than once, the error report will show claim deductions.

### It's Spring Break Time

It's spring break time. During spring break school age children will likely be in care for a.m. snack and lunch. Some school districts have spring break in March. Others have spring break in April.

**ACA does not know when spring break is scheduled for your school district.**

To be reimbursed for school age children's a.m. snacks and lunches, you need to **mark school out in KidKare**. Not sure how to do that? Click on the link below for directions. Look at section 10.

<https://knowledge.kidkare.com/homes/enter-meal>

### Easy Overnight Oats and Berries

- ¼ cup milk, low-fat 1%
- 1 cup oats, quick
- ¾ cup Greek yogurt, vanilla, non-fat (within sugar limit)
- 3 cups unsweetened, whole frozen, berries (blueberries, blackberries and raspberries)
- 2 tsp. honey, pasteurized\*
- ¼ tsp. vanilla extract



In a medium bowl, combine milk, Greek yogurt, honey, and vanilla extract. Stir. Add oats. Mix well. Add berries. Stir. Cover and refrigerate for 8–12 hours at 40 °F or lower. Remove from the refrigerator and stir. Serve immediately or keep cold at 40 °F or lower.

\*Do not served products containing honey to children less than 1 year of age.

**Yield:** 6 servings (½ cup per serving)

**Crediting Information:** Each serving provides a whole grain (½ oz eq) and a fruit ¼ cup at breakfast for children 3-5 years.

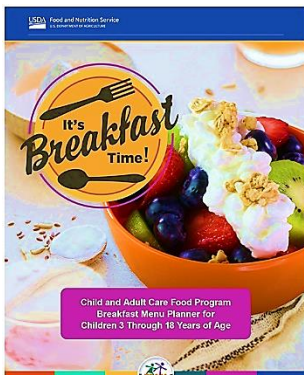
**Note:** this recipe provides ¼ cup fruit. The minimum serving size at breakfast for a child 3-5 years is ½ cup. **An additional ¼ of fruit or vegetable must be served.**

Credit: <https://theicn.org/cnr/ages-3-5/age-3-5-6-servings/easy-overnight-oats-and-berries-usda-recipe-for-family-child-care-centers/>

### It's Breakfast Time by USDA

This easy-to-use menu planner and recipe booklet is designed for CACFP operators who provide breakfast meals for children 3–18 years of age. It includes sample menus, checklists, menu planning activities, and 20 USDA standardized breakfast recipes.

To download the planner, click on the link or picture below.



<https://www.fns.usda.gov/tn/its-breakfast-time>

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