

### Food Crediting Changes from USDA

(Program meal patterns)

Food	Meal Component	Crediting
beef jerky	Meat/Meat Alternate	Beef jerky and other shelf-stable, dried and semi-dried meat, poultry and fish products are creditable with a <b>CN label or a Product Formulation Statement (PFS)</b> indicating how the product contributes to the meal patterns.
coconut	Fruit	<b>Fresh and frozen</b> coconut credits. Dried coconut is not creditable. Coconut is high in calories and saturated fat.
coconut water	Fruit	Coconut water must be <b>labeled 100% juice</b> to credit.
corn flour	Grains	Corn flour is now creditable as a <b>Whole Grain-Rich (WGR)</b> . Products made with corn flour meet the WGR criteria.
corn masa	Grains	Corn masa is now creditable as a <b>Whole Grain-Rich (WGR)</b> . Products made with corn masa meet the WGR criteria.
cornmeal	Grains	Cornmeal is now creditable as a <b>Whole Grain-Rich (WGR)</b> . Products made with cornmeal meet the WGR criteria.
hominy, whole	Vegetable	½ cup of canned, drained hominy credits as ½ cup vegetable.
hominy, dried and milled	Grains	½ cup cooked or 1 ounce (28 grams) dry hominy grits credits as 1 ounce equivalent grains.
legume flour pasta	Meat/Meat Alternate	½ cup of cooked pasta made from <b>100% legume flour(s)</b> may credit as 2 ounces equivalent of meat alternate. To credit as a meat alternate, pasta made of legume flour(s) <b>must be offered with an additional meat/meat alternate</b> such as tofu, cheese, or meat. (Legumes may credit as a vegetable or a meat/meat alternate but not both in the same meal.)
imitation seafood (surimi seafood)	Meat/Meat Alternate	A 4.4 ounce portion of surimi seafood credits as 1.5 ounces of meat/meat alternate.
popcorn	Grains	1½ cups (0.5 ounces or 14 grams) popped popcorn credits as ½ ounce equivalent of <b>Whole Grains</b> in a reimbursable meal or snack. The <b>high volume</b> of popcorn required for crediting may be too high for some children. Popcorn can be paired with another creditable grain in these situations. Popcorn can be a choking hazard for young children.
Tempeh	Meat/Meat Alternate	1 ounce of tempeh credits as 1 ounce of meat alternate. This method of crediting applies to tempeh with ingredients limited to soybeans (or other legumes), water, tempeh culture, and for some varieties vinegar, seasonings, and herbs. Tempeh which includes other creditable foods as ingredients such as brown rice, flax seeds or vegetables requires a CN label or Product Formulation Statement (PFS).
Vegetable flour pasta	Vegetable	Consistent with vegetable crediting, ½ cup of pasta made from <b>100% vegetable flour(s)</b> credits as ½ cup vegetable. Pasta products made with vegetable and non-vegetable flours require a CN label or Product Formulation Statement (PFS).