

# Building for the Future

This facility participates in the Child and Adult Care Food Program (CACFP), a Federal program that provides healthy meals and snacks to children and adults receiving care.

Each day more than 2.6 million children and almost 60,000 older adults participate in CACFP. Through CACFP, participants' nutritional needs are supported on a daily basis. The program plays a vital role in improving the quality of care and making it more affordable for low-income families.

**Meals** Participating facilities follow meal requirements established by USDA.

Breakfast	Lunch or Supper	Snacks (two of the five Components)
Milk Vegetables/Fruit Grains or Meat/meat alternate	Milk Meat/meat alternate Grains Vegetables Fruits	Milk Meat/meat alternate Grains Vegetables Fruits

## CACFP Facilities

Many different facilities operate CACFP, all sharing the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

- **Child Care Centers:** Licensed or approved public or private nonprofit child care centers, Head Start programs and licensed for-profit centers.
- **Family Day Care Homes:** Small groups of children receive nonresidential day care in licensed or approved private homes.
- **Afterschool Care Programs:** Centers in low-income areas provide free meals and snacks to school-age children and youth.
- **Homeless Shelters:** Emergency shelters provide residential and food services to homeless children.
- **Adult Day Care Centers:** Public, private nonprofit, and some for-profit adult day care facilities provide structured, comprehensive services to functionally impaired nonresident adults.

## Eligibility

Who is eligible for CACFP meals?

- Children age 12 and under.
- Migrant children age 15 and younger.
- Youth through age 18 in afterschool programs in needy areas.
- Functionally impaired adult participants or adults age 60 and older enrolled in an adult day care center.

**Contact Information** If you have questions about CACFP; please contact one of the following:

Adults' & Children's Alliance  
2021 E. Hennepin Avenue LL20  
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cacfp@acainc.org

Minnesota Department of Education  
Nutrition, Health and Youth Development  
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