



Is Your Name or Address Changing?

Your Food Program approval is based on two key details: your name and your address. If either one changes, you'll need to complete and submit an updated Food Program Application and Agreement.

To avoid any delays in or loss of reimbursement, the forms must be completed correctly and **received by ACA during the same month the change occurs**. We will also need a copy of your updated childcare license.



Have a name or address change planned? **Contact ACA before the change**. We will be happy to walk you through the process step by

step. We will email you the correct forms and explain how to properly complete them.

Once we receive the completed forms, we will submit them to the Minnesota Department of Education for approval.

Culinary Math

Ever found a great recipe, but it makes 50 servings when you only need 10? No problem! The April 2026 edition of Mealttime Memo will show you a fast way to reduce it. It also contains a handy conversion chart for changing measurement units such as cups into tablespoons.



Click on the picture or link below to download your copy.



<https://theicn.org/icn-resources-a-z/mealttime-memo/>

Grow it, Try it, Like it!

Grow It, Try It, Like It! is a garden-themed nutrition education kit that introduces new fruits and vegetables to preschool age children.

Because the routine food choices of young children are determined by their families and adult care givers, Grow It, Try It, Like It! links activities at childcare with resources for use at home.

Click on the link or picture below to download or order your **FREE** copy of this fun and educational USDA resource.



<https://www.fns.usda.gov/tn/grow-it>

Yogurt Ranch Dip

- 1 (32 oz) tub plain Greek yogurt
- 1 lemon, juiced
- 4 Tbsp. dried chives
- 4 Tbsp. dried parsley
- 1 Tbsp dried dill
- 2 tsp. garlic powder
- 1 tsp. salt



In a medium bowl, mix all ingredients together.

Cover and place in the refrigerator for at least 30-45 minutes before serving, allowing the herbs and spices to infuse with the yogurt.

Yield: 12 servings (1/3 cup per serving)

Crediting information: Each serving provides a meat alternate (1/2 oz eq) at snack for children 3-5 years.

Hint: Serve with 1/2 cup raw vegetables or a 1/2 oz. eq of whole grain crackers for a crediting snack.

Credit: <https://www.cacfp.org/2023/08/09/yogurt-ranch-dip/>